

SNIPER COURSE

№	Topics	Educational hours according to the plan							chair
		Total amount of hoursB	including						
			lectures	Seminars for practical work	Round tables	Solution of situational tasks	Business and role plays	Group exercises	
1.	Measures of precaution when handling with weapons	2	-	-	-	-	-	2	Special anti-terrorist unit «Almaz»
2.	Principles of shooting	2	2	-	-	-	-	-	Special anti-terrorist unit «Almaz»
3.	Types, functions and tactical-technical characteristics of vision devices and sniper weapons	2	2	-	-	-	-	-	Special anti-terrorist unit «Almaz»
4.	Mechanism of the 7.62mm sniper rifle(SVD)	4							
4.1	Functions, combat characteristics, tactical and technical characteristics of 7,62-mm Dragunov sniper rifle. Design and work of parts and mechanisms. Telescoping sight.	2	2	-	-	-	-	-	Special anti-terrorist unit «Almaz»
4.2	Examination of the sniper rifle and preparation for shooting. Partial dismantlement and assembly. Delays by shooting and the ways of elimination.	2	-	-	-	-	-	2	Special anti-terrorist unit «Almaz»
5.	Tactical procedures and the rules of shooting from a sniper rifle	60							
5.1	Observation and surveillance of targets, determination of the	4	-	-	-	-	-	4	Special anti-

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	distance in various ways, establishing the priority of targets.								terrorist unit «Almaz»
5.2	Arranging and disguise of a firing position of a sniper pair in urban environment.	6	-	-	-	-	-	6	Special anti-terrorist unit «Almaz»
5.3	Arranging and disguise of a firing position of a sniper pair in forest environment.	8	-	-	-	-	-	8	Special anti-terrorist unit «Almaz»
5.4	Tactical techniques of sniper groups during antiterrorist operations for hostage extraction in buildings.	8	-	-	-	-	-	8	Special anti-terrorist unit «Almaz»
5.5	Tactical techniques of sniper groups during antiterrorist operations for hostage extraction in a passenger car, bus.	6	-	-	-	-	-	6	Special anti-terrorist unit «Almaz»
5.6	Tactical techniques of sniper groups during special operations on protection of VIPs.	8	-	-	-	-	-	8	Special anti-terrorist unit «Almaz»
5.7	Training of skills of sniper groups on nearing the place of special operation , taking advantageous firing position, conducting observation of the object in urban environment.	6	-	-	-	-	-	6	Special anti-terrorist unit «Almaz»
5.8	Training of skills of sniper groups on nearing the place of	8	-	-	-	-	-	8	Special anti-

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	special operation , taking advantageous firing position, conducting observation of the object in forest environment								terrorist unit «Almaz»
5.9	Complex building assault including fulfilling combat assignments by sniper pairs.	6	-	-	-	-	-	6	Special anti-terrorist unit «Almaz»
6	<i>Firing practice from sniper weapons</i>	26							
6.1	Getting the weapon ready to fire.	4	-	-	-	-	-	4	Special anti-terrorist unit «Almaz»
6.2	Preparatory exercises. Shooting at static, appearing and moving targets under restricted time and at various distances according to exercise 10 of a special shooting course.	4	-	-	-	-	-	4	Special anti-terrorist unit «Almaz»
6.3	Preparatory exercises. Shooting at static, appearing and moving targets under restricted time and at various distances according to exercise 11 of a special shooting course.	4	-	-	-	-	-	4	Special anti-terrorist unit «Almaz»
6.4	Preparatory exercises. Shooting at static, appearing and moving targets under restricted time and at various distances according to exercise 12 of a special shooting course.	4	-	-	-	-	-	4	Special anti-terrorist unit «Almaz»
6.5	Preparatory exercises. Shooting at static, appearing and moving	4	-	-	-	-	-	4	Special anti-

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	targets under restricted time and at various distances according to exercise 13 of a special shooting course.								terrorist unit «Almaz»
6.6	Preparatory exercises. Shooting at static, appearing and moving targets under restricted time and at various distances according to exercise 19 of a special shooting course.	4	-	-	-	-	-	4	Special anti-terrorist unit «Almaz»
6.7	Preparatory exercises. Shooting at static, appearing and moving targets under restricted time and at various distances according to exercise 20 of a special shooting course.	4	-	-	-	-	-	4	Special anti-terrorist unit «Almaz»
6.8	Preparatory exercises. Shooting at static, appearing and moving targets under restricted time and at various distances according to exercise 21 of a special shooting course.	4	-	-	-	-	-	4	Special anti-terrorist unit «Almaz»
7	Verification fire from sniper weapons	8							
7.1	Verification fire according to exercise 1 of a special shooting course.	4	-	-	-	-	-	4	Special anti-terrorist unit «Almaz»
7.2	Verification fire according to exercise 2 of a special shooting course.	4	-	-	-	-	-	4	Special anti-terrorist unit «Almaz»
8	Firing practice from secondary	8							

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	<i>weapons</i>								
8.1	Preparatory exercises. Quick firing from a gun according to exercise 1 of a special shooting course.	4	-	-	-	-	-	4	Special anti-terrorist unit «Almaz»
8.2	Preparatory exercises. Quick firing from a gun according to exercise 2 of a special shooting course.	4	-	-	-	-	-	4	Special anti-terrorist unit «Almaz»
9	<i>Verification fire from secondary weapons</i>	8							
9.1	Verification fire according to exercise 1 of a special shooting course.	4	-	-	-	-	-	4	Special anti-terrorist unit «Almaz»
9.2	Verification fire according to exercise 2 of a special shooting course.	4	-	-	-	-	-	4	Special anti-terrorist unit «Almaz»
10	<i>Development of psychological stability of sniper groups.</i>	6							
10.1	Enhancement of moral and psychological qualities necessary for a special unit officer under extreme conditions	2	-	-	-	-	-	2	Special anti-terrorist unit «Almaz»
10.2	Methods of attention and emotional control in critical situations	2	-	-	-	-	-	2	Special anti-terrorist unit «Almaz»

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10.3	The ways of mental recovery of a sniper after experiencing emotional overloads.	2	2	-	-	-	-	-	Special anti-terrorist unit «Almaz»
	Total:	126	8	-	-	-	-	118	